

You will need...

Depending on the weather:

- a coat
- hat/gloves

Activity	clothing
CAVING	Trainers, long sleeved top and trousers (indoors)
CLIMBING/ZIP	trousers, old trainers, top
CLIMBING	Trainers, trousers, top
LOW ROPES	Trainers, trousers, top
CHALLENGE COURSE	Old clothes, trousers, old trainers, top
HIGH ROPES	Trainers, trousers, top
BIG BOUNCE	Trainers, trousers, top
CAMP FIRE	Trainers, trousers, top (hat and gloves)
ARCHERY	Long sleeved top, trainers, trousers (indoors)
GAMES	Trainers, trousers, top (you will travel home in these clothes)